

1. the organization

The Davos X-Trail are organized by the Davos X-Trail Association. The purpose of the association is to plan, organize and carry out the running event "Davos X-Trail" in Davos.

2. the competition

The four different runs with different distances must be completed within a fixed time limit.

2.1 The distances

Diamond, 68 kilometers (67.6 km) from Davos to Davos with +/- 2644m

The route starts at the sports center in Davos and leads through the longest Davos side valley, the romantic Dischma valley. With a view of the Scaletta glacier, the former mule track leads up to the Scaletta pass, further over the unique Panormatrail to the Sertig pass, the highest point of the route at 2,739m. Steeply the rocky path leads downhill and past the rushing waterfall in the Sertig. There follows the ascent through the wild Ducan valley to the Fanezfurrga. The route continues over mountain pastures to the pretty Walser village of Monstein and on to Jatzmeder, Aebirügg back to the picturesque Sertig Dörfli. From there it goes out of the valley through magnificent larch and fir forests back to the starting point in Davos. A high alpine trailrunning jewel!

ITRA: 3 points

Gold, 43 kilometers (42.7 km) from Davos to Davos with +/- 1424m

The route starts at the sports center in Davos and leads through the longest Davos side valley, the romantic Dischma valley. With a view of the Scaletta Glacier, the trail continues up the Scaletta Pass via the unique Panormatrail to the Sertig Pass, the highest point of the route at 2,739m. Steeply, the rough trail leads downhill past the Grüensee lake to the lovely Sertig Dörfli. From there it goes out of the valley through magnificent larch and fir forests to the tranquil village of Clavadel and on to Davos, where the finish awaits at the sports center.

ITRA: 2 points

Silver, 23 kilometers (23.6 km) from Klosters to Davos with +631 / -279m

The start is in the center of Klosters at the Bahnhofplatz. After passing the Bahnhofstrasse, the route follows the Landquart river towards Aeuja and there begins the easy ascent to the old Walser village of Monbiel. The route leads out of the valley along the popular Zwergenweg to Selfranga. There begins the steep ascent via the wildly romantic gorge path to the Wolfgangpass, the highest point of the route at 1,631m. With a great mountain panorama it goes along the beautiful Davos lake towards the finish at the Davos sports center.

Bronze, 10 kilometers (9.3km) from Davos to Davos

The 9.3 km course starts at the Davos Sports Center and leads along the Landwasser to the Wildboden. From there it goes steeply up to the idyllic village of Clavadel and through larch and fir forests back to Davos to the sports center.

Davos X-Trail, c/o Destination Davos Klosters, Talstrasse 41, 7270 Davos Platz

2.2 Starting times

	Start time	
Diamond (68k)	07.00 am	Sports center Davos
Gold (43k)	07.00 am	Sports center Davos
Silver (23k)	09.40 am	Station square Klosters
Bronze (10k)	08.30 am	Sports center Davos

The organizer reserves the right to change the planned schedule.

2.3 Conditions of participation

For the participation in the Davos X-Trail Race the age regulations according to the announcement are valid. All participants cover the course in partial autonomy. Participants are often on their own between the refreshment stations and are responsible for themselves. Adequate food and equipment are essential for all participants.

Mandatory equipment

All runners on the **Diamond** and **Gold** courses are required to carry the following equipment throughout the race. There will be controls at the starting area.

- drinking cup
- rain jacket
- Emergency kit (warming blanket 140x200cm, self-adhesive bandage 100cmx6cm)
- whistle
- Smartphone with emergency number **081 414 85 77**
- 1l water for Diamond, 0.5l water for Gold

To all runners on the **silver and bronze** run we strongly recommend to carry a **drinking cup** with them.

Recommended / allowed equipment

- poles
- leg warmers
- sleeves
- Headband or cap
- gloves
- Spare T-shirt
- sunglasses

The organizer reserves the right to require additional mandatory equipment such as a sun hat or bandana in appropriate weather conditions. The organizer reserves the right to exclude people from participation if the mandatory equipment is not present.

Listening to music with headphones is allowed, but not recommended by the organizer.

3. registration

Registration takes place online at www.davos-xtrails.ch and is implemented in cooperation with Datasport. By completing the registration, the participants accept the competition regulations. The entry fee has to be paid according to the announcement. Categories exist according to the announcement.

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3.1 Cancellation of registration

It is recommended to take out a cancellation insurance directly with the registration. This insurance allows the reimbursement of the entry fee in case of the following reasons for non-participation:

Accident, serious illness (medical certificate confirming inability to participate in the competition required), tragic family events.

Refunds will be made according to insurance conditions. No refund of entry fee will be made without cancellation insurance. In case of a "no show" the registration fee will be forfeited and will go to the organizer.

3.2 Late registration and re-registration

On Monday before the event (25.07.2022) the start numbers will be produced. All those who register by Sunday, 24.07.2022 will receive a personalized start number (with name). The online registration is open until Thursday midnight 28.07.2022, after that only late registrations are possible on site at the start number distribution.

4. principle of partial self-catering

The competition will take place in partial autonomy. Each runner has the ability and possibility to manage between the food and control posts, regarding food, equipment, orientation and safety.

Drinks and food will be available at the aid stations. Still water and energy drinks are available to fill bidons. When leaving the aid stations, everyone is responsible for having enough liquid and food with them until the next refreshment station.

5. catering and control posts

5.1 Drink and food posts

On the food and beverage plan you will find the list of locations of all food and beverage posts. On the course map the aid stations are marked. Support staff may only support athletes with food within the official food zone, this zone starts 50 meters before the aid station and ends 50 meters after.

The organizer may add food or beverage posts at any time without notice. Littering will lead to disqualification. There are trash cans at all posts. Packaging discarded outside the food and beverage area will result in disqualification of the runners.

6 Safety

6.1 Safety and medical care

The Davos ambulance service and members of Samaritan clubs will take care of the runners on the way and at the finish. Medical helpers will be on site at the various medical posts. Every runner in difficulty (injury or health problems):

- should report to the next medical post or to the next course post if possible
- can ask another runner for first aid
- calls the emergency number of the event (is visible on the course map)

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6.2 Authority of medical service/track marshals

The medical service has the right to take participants who are in danger of damaging their health out of the race for a certain period of time or permanently.

6.3 Course marking

The course will be marked with flags, route tape, marking spray and information signs. Leaving the marked routes is prohibited and may result in a penalty or disqualification.

7. time limits and task

7.1 Time limits

	Starting time	last runner at finish line
Diamond (68k)	7.00 am	08:45 pm
Gold (43k)	7.00 am	06:30 pm
Silver (23k)	09.40 am	02.30 pm
Bronze (10k)	08.30 am	11.30 am

7.2 Task

All participants, except in case of injury or exhaustion, are allowed to stop the competition only at control posts.

8. start number distribution

The start number distribution will take place on Friday and Saturday morning and all participants must pick up their start number personally. The start number distribution will take place according to the current announcement.

9. penalties

The following offences may result in penalties or disqualification:

- Leaving or shortening the marked course
- refusal of the random, obligatory material control (before, during and after the competition)
- Missing of the obligatory material during a control on the track
- Throwing away (intentionally) of waste outside the refreshment zones by participant or one of his companions
- Dizziness such as change of start number, etc.
- Failure to follow the instructions of the organizer, course director, post director, doctor or paramedic will result in disqualification.
- Also any other offense missing in the regulations will be punished according to the decision of the competition jury.

In case of disqualification there will be no refund of the entry fee. The competition management, jury and post chiefs have the authorization to apply these penalties.

10. Complaint

Complaints must be submitted in writing to the competition jury in Davos no later than one hour after the athlete concerned has crossed the finish line. The deposit is CHF 100.00.

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11. jury

The competition jury:

- President of the organization
- member of the organizing committee
- if necessary involved course section chief
- if necessary involved station chiefs, doctors and paramedics.
- The jury has the right to give a verdict on all doubtful cases that occur during the competition. The decisions of the jury are not subject to appeal.

12. change of course and cancellation

In case of bad weather conditions and for safety reasons, the competition management can make changes in the competition regulations at any time. In this case also the time limits can be adjusted. In case of a change of the course, the timekeeping will be continued as best as possible. For safety reasons the competition management reserves the right to stop the competition. No claims for refund of entry fees will be made due to a race cancellation, shortening or change of course.

13. insurance

Insurance is the responsibility of the participants. Each runner must have a personal accident insurance. This must include costs for rescue and recovery as well as healing. Claims for damages of the participants against the organizer, no matter for what legal reason, are excluded. The organizer takes out a liability insurance for the duration of the competition. This liability insurance covers the financial consequences of his event and his helpers.

14. award ceremony and prizes

Prizes

Diamond	CHF 3'000, CHF 2'000, CHF 1'000
Gold	CHF 1'500, CHF 1'000, CHF 500
Silver	material prizes
Bronze	material prizes

The runners will receive a finisher prize after crossing the finish line. The winner of the day will receive a special prize. Prizes will only be given to winners who are present. Prizes will not be forwarded.

15. image rights

All participants waive any image rights before, during and after Davos X-Trail Race. Complaints against the organizer and its partners regarding the use of pictures, sound or film recordings will not be considered.

16. place of jurisdiction

The place of jurisdiction is Davos Platz.

23.11.2021

For the organizing committee

Status: 23.07.2022, Subject to changes

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